

# The Visualisation Canvas

Day # \_\_ / 30

Name:

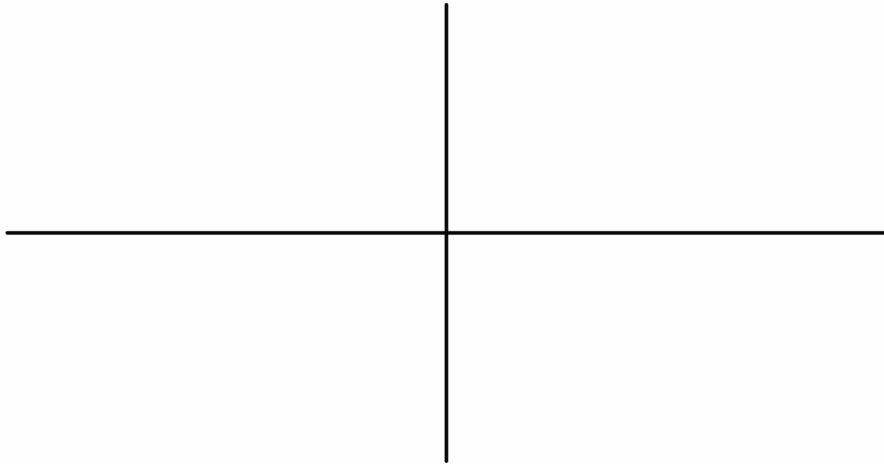
Word:

#1 - Warm-up: draw squiggles (30 sec.)

#4 - Your drawing (3 min.)

#2 - Write some words associated with the concept to be visualised (1 min.)

#3 - Crazy Four ( 1,5 min.)



This work is licensed under the Creative Commons Attribution-ShareAlike 3.0 Unported License. To view a copy of this license, visit: <http://creativecommons.org/licenses/by-sa/3.0/> or send a letter to Creative Commons, 171 Second Street, Suite 300, San Francisco, California, 94105, USA.

Designed by: Giovanni Ruello, co-creator of the "30 Days Drawing Challenge - #30DDC" in 2020

#### How To:

1. Print or draw this template on a sheet of white plain paper
2. The challenge duration is 30 days - each day the participants need to draw a word which is provided by the organisers (If you'd just want to practice sketching or visual thinking, just pick a word / concept / idea you'd like to visualise)
3. The word has to be visualised with the help of the canvas within 6 minutes
4. Be kind with yourself and remember to have fun!